

**HAZLETON YMCA & YWCA ANNUAL
RUN/WALK FOR THE GOLD**

5K Run / 5K Walk and Kid's Run

DATE: Saturday, September 6, 2008

Time: 10:00 am Kid's Run: 9:30 am

Entry Fee/Registration: Prior to September 4th, registration is \$15.00 (t-shirt guaranteed for pre-registrants). After September 4th registration is \$20.00. The Kids' Run is for children ages 10 and under, and the fee is \$5.00. There is no fee for children if parent or guardian is a participant. Race day registration starts at 8:00 am. Pre-registration can be done via mail or the Internet at www.ymca-ywca-of-hazleton.org. Make checks payable to and mail to: YMCA & YWCA of Hazleton, 75 South Church Street, Hazleton, PA 18201. Any questions or concerns contact Melissa Miller at (570) 455-2046, Fax: (570) 455-9357 or email: melissamiller@ymca-ywca-of-hazleton.org

Course Description: Start and Finish at the YMCA, gentle climb, early on with fast 1.5 mile to finish. Water on course. For runner's safety, NO strollers, pets, bikes, roller blades permitted. Course is open to controlled traffic. Note: Any walker found running will be disqualified!

Age Groups and Awards: Overall male and female runners receive a \$100.00 bond and plaques. Also, the first five male and female walkers receive a medal. All participants in the kids Run will receive an award and a fun price of their own. Medals will be awarded to the MALE and FEMALE runners in the following age groups: 15 and under (3), 16-19 (3), 20-24 (3), 25-29 (3), 30-34 (3), 35-39 (3), 40-44 (3), 45-49 (3), 50-54 (3), 55-59 (3), 60-64 (3), 65-69 (2), 70 and over (1). All entrants will receive free use of YMCA facilities for the day and post refreshments and snacks. Post race random drawings and raffles.

Race Background: Kick-off event for Hazleton Funfest Weekend. So after the even, stay in Downtown Hazleton for the food, music, sights and sounds that Funfest offers! All proceeds of the event will go to the benefit the Hazleton YMCA & YWCA Youth Scholarship Program. This program's goal is to help underprivileged children in our area participate in programs we provide that help build strong Sprit, Mind and Body.

Name: _____ Phone: _____
Address: _____ Email: _____
City: _____ State: _____ Zip: _____
Date of Birth: _____ Age (on race day): _____
Event: Run _____ Walk _____ Kid's Run _____
Sex: Male _____ Female _____
T-Shirt Size: Adult S _____ M _____ L _____ XL _____ Youth S _____ M _____ L _____ XL _____

Please read and sign: in consideration of you accepting this entry, I, the undersigned intended to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the YMCA & YWCA, their officers and executives, the town of Hazleton and any and all sponsors and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a foot race entrant. That I am physically fit and have significantly trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. I hereby release photographer and his legal representatives and assigns from all claims and liability relating to said photographs. If under 18, parent's signature is required.

Signature: _____ Date: _____